

# Privacy Policy

NutriMiracles ("The Company") recognize the importance of protecting the personal information you provide at our website address <https://nutrimiracles.com>

## What personal data we collect and why we collect it

### Personal Data

While using our website, including but not limited to our Contact Forms, you may be asked to provide us with certain personal information ("Personally Identifiable Information"), that can be used to contact or identify you ("Personal Data"). Personal Data may include, but is not limited to:

- First and Last name
- Phone number
- Email Address
- Personal and/or Business Address
- Cookies and Usage Data

### Comments

When visitors leave comments on the site, we collect the data shown in the comments form, and also the visitor's IP address and browser user agent string to help spam detection.

An anonymized string created from your email address (also called a hash) may be provided to the Gravatar service to see if you are using it. The Gravatar service privacy policy is available here: <https://automattic.com/privacy/>. After approval of your comment, your profile picture is visible to the public in the context of your comment.

### Media

If you upload images to the website, you should avoid uploading images with embedded location data (EXIF GPS) included. Visitors to the website can download and extract any location data from images on the website.

### Cookies

If you leave a comment on our site, you may opt-in to saving your name, email address and website in cookies. These are for your convenience so that you do not have to fill in your details again when you leave another comment. These cookies will last for one year.

If you visit our login page, we will set a temporary cookie to determine if your browser accepts cookies. This cookie contains no personal data and is discarded when you close your browser.

When you log in, we will also set up several cookies to save your login information and your screen display choices. Login cookies last for two days, and screen options cookies last for a year. If you select "Remember Me", your login will persist for two weeks. If you log out of your account, the login cookies will be removed.

If you edit or publish an article, an additional cookie will be saved in your browser. This cookie includes no personal data and simply indicates the post ID of the article you just edited. It expires after 1 day.

### **Embedded content from other websites/plugins**

Articles, pages, posts, on this site may include embedded content (e.g. videos, images, articles, widgets, links, plugins etc.). Embedded content from other websites behaves in the exact same way as if the visitor has visited the other website.

These websites may collect data about you, use cookies, embed additional third-party tracking, and monitor your interaction with that embedded content, including tracking your interaction with the embedded content if you have an account and are logged in to that website.

### **Links to Other Sites**

Our website contain links to other third parties' sites that are not managed/operated by us. If you click on a page/section containing a third-party link, you will be directed to that third party's site. We strongly recommend you to review the Privacy Policy of every site you visit. Please note we have no control and/or assume any responsibility for the content or privacy policies of any third-party sites.

### **How long we retain your data**

If you leave a comment, the comment and its metadata are retained indefinitely. This is so we can recognize and approve any follow-up comments automatically instead of holding them in a moderation queue.

For users that register on our website (if any), we also store the personal information they provide in their user profile. All users can see, edit, or delete their personal information at any time (except they cannot change their username). Website administrators can also see and edit that information.

### **What rights you have over your data**

If you have an account on this site, or have left comments, you can request to receive an exported file of the personal data we hold about you, including any data you have provided to us. You can also request that we erase any personal data we hold about you. This does not include any data we are obliged to keep for administrative, legal, or security purposes.

## **Where we send your data**

Visitor comments may be checked through an automated spam detection service.

NutriMiracles ("The Company") does not share, sell, or trade your Personal Data including your email addresses. The Company may use your Personal Data, including your email address, to contact you and send you information about our Services and/or Listings.

## **Additional information**

### **Choice/opt-out**

The Company may use your Personal Data to contact you regarding our Services and/or Listings that may be of interest to you. You may opt out of receiving any, or all of these communications from us by contacting us by phone or email.

### **Disclosure of Data**

Under certain circumstances, NutriMiracles may be required to disclose your Personal Data if required to do so by law or in response to valid requests by public authorities like a Court or Government Agency for example.

### **Security of Data**

The Company understand the importance of your Personal Data security, but remember no method of transmission over the internet, or electronic storage is 100% secure. Therefore, we cannot guarantee its absolute security.

### **"Do-Not-Track" Disclosure**

Our Company do not support Do Not Track ("DNT"). You can set a DNT preference in your web browser to inform websites that you do not want to be tracked. DNT preference can be enable or disable by visiting the Preferences or Setting page/section of your web browser.

### **Service Providers**

The Company may employ individuals and third-party companies ("Service Providers") to facilitate our website on our behalf, to perform service-related services and/or to assist the Company how our website is used. These Service Providers have access to your Personal Data only to perform the above-mentioned tasks on our behalf and are obligated not to disclose or use it for any other purpose.

## **GDPR**

If you are a Resident of the European Economic Area (EEA), you may have certain data protection rights.

NutriMiracles strives to take reasonable steps to allow you to correct, amend, delete, or limit the use of your Personal Data.

If you wish to be informed what Personal Data, we hold about you and if you want it to be removed from our systems, please contact us.

In certain circumstances, you have the following data protection rights:

**The right to access, update or to delete the information we have on you.**

Whenever made possible, you can access, update or request deletion of your Personal Data directly within your account settings section. If you are unable to perform these actions yourself, please contact us to assist you.

**The right of rectification.** You have the right to have your information rectified if that information is inaccurate or incomplete.

**The right to object.** You have the right to object to our processing of your Personal Data.

**The right of restriction.** You have the right to request that we restrict the processing of your personal information.

**The right to data portability.** You have the right to be provided with a copy of the information we have on you in a structured, machine-readable and commonly used format.

**The right to withdraw consent.** You also have the right to withdraw your consent at any time where NutriMiracles relied on your consent to process your personal information.

Please note that we may ask you to verify your identity before responding to such requests.

You have the right to complain to a Data Protection Authority about our collection and use of your Personal Data. For more information, please contact your local data protection authority in the European Economic Area (EEA).

## Contact Us

If you have any question about our Company Privacy Policy, please feel free to contact us by the following means:

- By Email Address at [followingwellness@outlook.com](mailto:followingwellness@outlook.com)